

# Smoothies

Small 16oz or Large 24oz  
\$6.25/\$7.25

## GREEN

A delicious and healthy combination of peach, banana, mango, carrot, cucumber, and spinach with a dash of vanilla yogurt and your choice of juice

## BERRY BLISS

Blueberry, raspberry, strawberry and blackberry blended with cranberry and a dash of vanilla yogurt

## ISLANDER

Banana, mango, and pineapple blended with coconut and orange juice

## BANANA OATMEAL MATCHA

Banana, oats, yogurt, matcha, and oatmilk blended with cinnamon

## LOCO COCOA

Blueberry, banana, chocolate sauce, yogurt and maple syrup blended with iced coffee.

# White Heron Tea

Hot: \$3  
Iced: \$3.25/\$3.75

Hot or Iced

Black, Cranberry Apple Ginger, Moroccan Mint  
Hot Tea's

Coconut Rooibos, Early Grey, Hello Sunshine,  
Daily Cup Green, Blueberry

## Chai Tea Latte

Hot: \$3.25/\$4/\$4.75  
Iced: \$4.25/\$5.25

# Latte's and Cappuccino's

Hot: \$3.75/\$4.25/\$4.75  
Iced: \$4.50/\$5

**Latte and Cappuccino Flavors**  
hazelnut, caramel, vanilla, cinnamon bun, dark chocolate, tiramisu, almond, coconut, blueberry, lavender, irish cream, peppermint, pumpkin spice, shortbread

# Specialty Latte's

Hot: \$4.5/\$5/\$5.50  
Iced: \$5.25/\$5.75

## WHITE CHOCOLATE SNICKERDOODLE

Made with white chocolate, cinnamon bun and shortbread flavoring with espresso and steamed milk

## NUTELLA

Chocolate and hazelnut with espresso and steamed milk

## SAMOA

Chocolate, coconut and caramel with espresso and steamed milk

## BLUE VANILLA TEA LATTE

Blueberry tea with vanilla flavoring and steamed milk

## COCONUT LAVENDER TEA LATTE

Coconut rooibos tea with lavender flavoring and steamed milk

## MATCHA

## CINNAMON CHAI

White Heron chai tea with cinnamon bun flavor and steamed milk



# Big Bean CAFE

Order Online:



(603) 815-4965

LOCATED IN OUR DURHAM LOCATION  
8 JENKINS COURT

[www.thebigbeancafe@gmail.com](mailto:www.thebigbeancafe@gmail.com)



Instagram: [thebigbeandurham](https://www.instagram.com/thebigbeandurham)



facebook.com/[TheBigBean-Durham](https://www.facebook.com/TheBigBean-Durham)

## Bagels and Such

### Bagels

plain, everything, asiago  
\$1.75

### Cream Cheese

plain \$1.50

veggie, maple walnut, garlic & herb, scallion,  
bacon horseradish \$2

### Toast

white, wheat, rye, 7 grain, herb parmesan,  
cinnamon swirl \$1.75

gluten free \$3.50

English muffin, biscuit \$1.75

Fresh homemade muffins \$2.75

## CYO Breakfast Sammy

Choose your vessel and add away!

Meat: bacon, sausage, chorizo, turkey sausage  
\$1.50

veggie sausage \$2, pork \$4, lox \$5

Veggies: tomato, spinach, onion, mushroom \$.75

Cheese: American, cheddar, pepper jack, goat,  
provolone, swiss \$1.25

Extra's: nut free pesto, salsa, avocado \$1.50

## Breakfast Sandwiches

Choose your vessel

SMURF \$6.50

Egg, veggie sausage, tomato & pesto

KEYWEST \$7.50

Egg, bacon, cheddar, jalapeno, spinach & ranch

LABYRINTH \$7.75

Egg, bacon horseradish cream cheese, mushroom, bacon & cheddar

HE-MAN \$7.50

Egg, turkey sausage, pepper jack, avocado & chipotle BBQ aioli

ZEPPELIN \$7

Egg, turkey sausage, roasted red pepper, goat & spinach

LOX \$9.50

Smoked salmon, plain cream cheese, tomato, onion & capers

## Breakfast Burritos

GHOSTWRAP \$8.75

scrambled eggs, bacon, broccoli, home fries & cheddar. Served with a side of sour cream

RIDGEWRAP \$8.75

Scrambled eggs, veggie sausage, spinach, broccoli, cheddar, pesto & goat cheese

GREEN CHILE \$8.75

Scrambled eggs, pork, home fries, salsa, cheddar & green chile sauce

MR. PINK \$10.00

Scrambled eggs, chorizo, spinach, black beans, red onion, salsa, home fries & pepper jack. Served with a side of sour cream

## Bowls

HARVEST \$10

Quinoa, broccoli, spinach, tomato, onion, carrot & black beans topped with a sunny egg and a hoisin teriyaki drizzle

DESTRO \$13

Quinoa, chorizo, black beans, salsa, spinach & cheddar, topped with a sunny egg, avocado and ranch

THE BASIC \$10

Scrambled eggs, bacon, sausage, home fries & cheddar, topped with a sriracha drizzle

WILD TURKEY \$10

Scrambled eggs, turkey sausage, roasted red pepper, spinach, home fries & pepper jack

CHIA PUDDING CUP \$7.50

Chia seed pudding made with oat milk and topped with fresh strawberry, raspberry, blueberry & shredded coconut

YOGURT PARFAIT \$6

Vanilla yogurt topped with homemade granola, fresh strawberry, raspberry, blueberry & a honey drizzle

## Avocado Toast

CLASSIC

Avocado spread with salt, pepper & sesame seeds

\$6

NOVA

Avocado spread with capers, tomato, red onion and lox

\$10

APOLLO

Avocado spread, spinach, tomato & feta

\$7.75

DIABLO

Avocado spread, bacon crumbles with a sriracha drizzle

\$7.25

MCCARTNEY

Avocado spread, pork, pickled red onions & sunny egg with a chipotle BBQ aioli drizzle

\$10